

## Council, Committee or Workgroup Meeting Snapshot

## **Meeting: Regional Consumer Advisory Council**

Meeting Date: October 9, 2020	KEY DISCUSSION TOPICS
RCAC/MSHN Attendees: 15 members attended online, S. Gettel (MSHN), and D. Dedloff (MSHN)	<ul> <li>Welcome &amp; Introductions</li> <li>Review and approve August 14, 2020, meeting snapshot</li> <li>Follow-up agenda items</li> <li>Approval of current agenda</li> <li>MSHN Information Items:         <ul> <li>Consumer Feedback/Satisfaction Survey</li> <li>MSHN SUD Satisfaction Survey</li> <li>MSHN Recovery Assessment</li> <li>MSHN YSSF (Youth Satisfaction Surveys for Families)</li> <li>Denial, Grievance, Appeals, and Second Opinion Summary Report FY20 Q2</li> </ul> </li> <li>MSHN Council/Committee Consumer Representative Update</li> <li>CMHSP Local Updates</li> <li>Next Meeting Agenda Suggestions</li> <li>Adjourn</li> </ul>
✓ KEY DECISIONS	<ul> <li>✓ Welcome &amp; Introductions</li> <li>✓ The RCAC meeting snapshot from August 14, 2020 was approved</li> <li>○ Follow-up agenda items: None</li> <li>✓ The current agenda was approved</li> <li>✓ MSHN Informational Items:</li> <li>○ Sandy Gettel (MSHN) presented for review and discussion:         <ul> <li>■ Consumer Feedback/Satisfaction Survey</li> <li>■ MSHN SUD Satisfaction Survey</li> <li>■ MSHN PRECOVERY Assessment</li> <li>■ MSHN YSSF (Youth Satisfaction Surveys for Families)</li> <li>○ Dan Dedloff (MSHN) presented the FY20 Q2 Denial, Grievance, Appeals, and Second Opinion Summary Report for review and discussion.</li> </ul> </li> <li>✓ Dan Dedloff (MSHN) reviewed the MSHN Council/Committee Consumer Representative draft proposal and application. Members provided positive feedback regarding the draft proposal and were excited about the opportunity.</li> <li>✓ CMHSP Local Updates</li> <li>○ Bay-Arenac Behavioral Health</li> <li>■ Reported their consumer counsels have been meeting and many participated in the virtual Walk-A-Mile event.</li> <li>○ CMH of CE-I</li> <li>■ The Recipient Rights committee has been meeting via Zoom and members participated in the virtual Walk-A-Mile event.</li> <li>○ Gratiot Integrated Health Network</li> <li>■ Member reported that their Consumer Council has not been meeting due to the COVID-19 pandemic.</li> <li>○ Huron Behavioral Health</li> <li>■ Member reported that their Consumer Council has been meeting through Zoom.</li> <li>○ The Right Door</li> <li>■ Member reported that their annual Drab to Fab events was successfully held with COVID-19 safety accommodation. The event provides individuals new clothing and toiletry gift bags. There was a positive turnout even with restrictions.</li> </ul>

	LifeWays Community Mental Health – No update
	<ul> <li>Montcalm Care Network – No update</li> </ul>
	<ul> <li>Newaygo County Mental Health</li> </ul>
	<ul> <li>Member reported that their consumer council has not been meeting due to COVID-19 restrictions, but peers</li> </ul>
	have organized a Facebook live hangout for consumers with positive feedback. Agency staff have also published
	helpful articles to help consumers during these hard times.
	<ul> <li>Saginaw County CMHA – No update</li> </ul>
	<ul> <li>Shiawassee Health and Wellness</li> </ul>
	<ul> <li>Their drop-in center remains closed, but efforts are underway to hire a new director in preparation for reopening.</li> </ul>
	<ul> <li>Tuscola Behavioral Health Systems</li> </ul>
	Their drop-in center remains closed. A few consumer peer events have occurred with social distancing. Their consumer council has not been meeting.
	✓ Other Business:
	<ul> <li>Those who participated in the virtual Walk-a-Mile event stated it was good and some hoped that future events could</li> </ul>
	incorporate a local aspect for those who cannot take the day to attend in Lansing.
	✓ Next Meeting Agenda Suggestions:
	<ul> <li>Continued interest in COVID-19's impact upon people's mental health</li> </ul>
	Suicide awareness and prevention
	✓ Adjourned
✓ ACTION/INPUT REQUIRED	None
✓ KEY DATA POINTS/DATES	Next meeting scheduled for December 11, 2020, 12:30-3:00pm via Zoom online