#### How Do I Access Treatment?

Call Utilization Management

### 1-844-405-3095

Or contact the provider directly

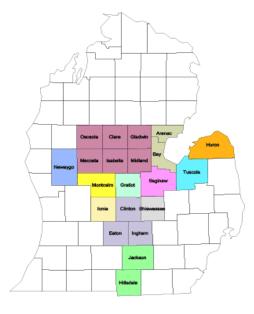
Why Provide Services Just For Women?

- Many women have experienced sexual and/or physical abuse as children or as adults.
- Women face unemployment and poverty at rates that are higher than for men.
- As mothers, some women have faced losing custody of children to Michigan social services.
- Judgment from others, shame and stigma is often worse for women than men with substance use disorders.
- Women are often treated as second class citizens both in society in general and in the recovery community.

The Women's Specialty Services contracted provider list is on the Mid State Health Network (MSHN) website at:

www.midstatehealthnetwork.org

## Women's Specialty Services





A goal of Women's Specialty Services is to reduce roadblocks to treatment. MSHN may be able to help assist with transportation needs, for example.

When Children's Protective Services require a parent to get into treatment right away, individuals may contact MSHN for assistance or directly contact the provider of their choice.

These WSS programs are funded by state and federal funds. Pregnant and postpartum women are a priority for admission to treatment.

# Mid-State Health Network

#### Call Toll Free 1-844-405-3095

## What are Women's Specialty Services (WSS)?

Certain substance use disorder treatment programs have a Women's Specialty Designation given by the Michigan Department of Health and Human Services.

These programs provide special services such as "women's only" substance use disorder treatment and other treatment services for pregnant and parenting women. These may support needs with relationships, sexual and physical abuse, and parenting. A Women's Specialty Program will also help women with the special needs of pregnancy and women with children including:

- 1. Primary medical care for women, including referral to prenatal care, if pregnant, and childcare for dependent children if needed while receiving services
- 2. Primary pediatric care, including immunizations for children.
- 3. Therapeutic help for children with women in treatment to support their developmental needs and trauma from abuse and neglect.
- 4. Case management and transportation to ensure that women and their dependent children have access to services.

These additional services may be met directly at the program or the program will make referrals for a person to receive these services at other locations.

# Who is the priority for admission?

Women with any of the following needs are considered a treatment priority:

- Pregnant with Injecting Drug Use
- Pregnant and using substances
- Post-Partum and using substances
- Involvement with Children's Protective Services
- Injecting Drug Use

Dependent children of women in treatment for a substance use disorder are at increased risk and therefore these women and their children are able to receive Women's Specialty Services.

#### What kind of treatment is offered in WSS?

There are several places that offer Women's Specialty Services around Michigan and in the MSHN region. The services provided include:

- Outpatient Therapy
- Group Therapy
- Medication Assisted Treatment
- Case Management Services
- Peer Recovery Services
- Withdrawal Management Services
- Residential Treatment Services\*

\*Women's Specialty Residential allows for children to stay with their mother while in treatment.

#### What is Priority Access to Treatment?

Sometimes getting a woman into treatment may be urgent. Pregnant women with Medicaid must be offered an appointment within 24 hours of being screened for services.

Parents with substance use disorders, including women who are pregnant and women and men who have dependent children, may get Women's Specialty services. A parent whose parental rights have been terminated or who has no contact with his/her children would not be eligible for priority status. When asking for help, an assessment will be done to guide where a person goes for treatment services.

