

Chapter:	Utilization Management		
Title:	Retrospective Sample Review of Acute Care Services Policy		
Policy: ☒ Procedure: ☐ Page: 1 of 2	Review Cycle: Biennial Author: Director of Utilization & Care Mgmt.; UM Committee	Adopted Date: 03.05.2019 Review Date: 05.03.2022	Related Policies: Service Philosophy Utilization Management

Purpose

Mid-State Health Network (MSHN) and its provider network shall ensure that medical necessity determination decisions for acute care services are conducted using defined criteria and standardized service selection guidelines. In the context of this policy acute care services include inpatient psychiatric hospitalization, crisis residential, and continuing stay reviews for inpatient psychiatric hospitalization. The purpose of this policy is to define the expectations for MSHN Community Mental Health Service Programs (CMHSPs) related to ensuring consistent application of medical necessity criteria for acute care services by implementing a sampling process to complete retrospective reviews of acute care services.

Policy

It is the policy of MSHN and its CMHSP participants to use objective and evidence-based criteria and best practices, objective data based upon typical service utilization patterns for specialty behavioral health services and taking into consideration the consumer's individual circumstances and the local delivery system when determining the medical necessity of acute care services. MSHN and its CMHSP participants use nationally-recognized written criteria based on sound clinical evidence (MCG Behavioral Health Medical Necessity Guidelines) to make Utilization Management (UM) decisions for acute care services.

MSHN delegates all utilization management functions for behavioral health services, including pre-screening and authorization for acute care services, to its CMHSP participants. It is the policy of MSHN that each CMHSP is responsible for establishing its own local policies and procedures relative to using MCG medical necessity criteria to conduct retrospective reviews for acute care services. The policy and/or procedure must include the use of a retrospective sampling process to conduct reviews of a percentage of all cases in which acute care services were received.

Applies to:

- ☒ All Mid-State Health Network Staff
- ☐ Selected MSHN Staff, as follows:
- ☒ MSHN's CMHSP Participants: ☐ Policy Only ☒ Policy and Procedure
- ☐ Other: Sub-contract Providers

Definitions/Acronyms:

CMHSP: Community Mental Health Service Program

MCG: MCG Health is a software vendor who offers a proprietary product, the MCG Care Guidelines. The MCG Care Guidelines were selected by the Michigan Parity Workgroup as the tool to be utilized by all Michigan PIHPs and CMHSPs to provide care guidance for acute behavioral health services.

MDHHS: Michigan Department of Health & Human Services

MSHN: Mid-State Health Network

PIHP: Prepaid Inpatient Health Plan

Definitions/Acronyms (continued)

Provider Network: refers to MSHN CMHSP Participants and SUD providers directly under contract with the MSHN PIHP to provide/arrange for behavioral health services and/or supports. Services and supports may be provided through direct operations or through the subcontract arrangements

UM: Utilization Management

References/Legal Authority:

1. Mental Health Parity and Addiction Equity Act of 2008
2. MDHHS Mental Health and Substance Use Disorder Parity Assessment and Corrective Action Plan, 2018

Other References:

N/A

Change Log:

Date of Change	Description of Change	Responsible Party
10.22.2018	New Policy	Director of Utilization and Care Management
02.27.2020	Annual Review- no changes	UM Committee
02.24.2022	Biennial Review- no changes	UM Committee